

Homophobic Bullying and Externalizing Behaviour Problems among Youth

Sexual minority youth are at risk for externalizing problems as a result of experiencing of stigma and discrimination

Homophobic bullying increases their risk for externalizing problems **OVER AND ABOVE** general bullying

Tips for Parents and Teachers

Lead by example. Everyone deserves to be treated kindly, regardless of their sexual orientation. Be accepting and encourage your kids to do the same.

Challenge stigma. Reducing homophobia starts with speaking out against it and using affirmative and supportive language. Be part of the solution.

Schools should be safe places for kids! Use inclusive lesson plans and class material, and support LGBTQ+-friendly clubs and events.

Be an ally. Report incidents of homophobia to the school, and let children know they are safe with you. Make children feel seen, heard, and understood.

To ensure the safety and protection of our youth, we must do our part to intervene against homophobia - inside and outside of the classroom. Inaction is action.



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